

Resource Directory



Resources listed are not endorsed by DSAWM, but are a list of options that are available. If you know of additional West Michigan resources, please let us know at 616-956-3488 or director@dsawm.org. For more information, visit dsawm.org/resources.



Additional Local & National Down Syndrome Resources

DSAWM is proud to be one of the many organizations across the globe committed to providing services and advocating for individuals with Down syndrome.

Down Syndrome Community Supports

Local & Statewide

Michigan Down Syndrome Associations

Upper Peninsula Down Syndrome Association facebook.com/UPDSA Marquette	Down Syndrome Guild of Southeast Michigan dsgsemi.org 248-556-5341 Royal Oak
Down Syndrome Association of Northwest Michigan dsupnorth.org 231-357-8383 Traverse City	Michiana Down Syndrome michianadownsyndrome.org 574-334-7734 Mishawaka (Indiana)
Capital Area Down Syndrome Association cadsa.org 517-333-6655 Lansing	

Down Syndrome Support Across the State

Gigi's Playhouse Detroit gigisplayhouse.org/detroit 248-557-9899 Detroit	Families Exploring Down Syndrome familiesexploringdownsyndrome.org Sterling Heights
Down Syndrome Support Team downsyndromesupportteam.org 313-608-7374 Saline	

National

- **Down Syndrome Diagnosis Network** (dsdiagnosisnetwork.org or 612-460-0765) connects, supports, and provides accurate information to parents – and the medical professionals who serve them – from the time of diagnosis through age 3, while fostering the opportunity for lifelong connections.
- **Down Syndrome Medical Interest Group – USA** (dsmig-usa.org) is a group of health professionals committed to promoting the optimal health care and wellness of individuals with DS across the lifespan.
- **Global Down Syndrome Foundation** (globaldownsyndrome.org or 303-321-6277) is dedicated to significantly improving the lives of people with Down syndrome through Research, Medical Care, Education and Advocacy.
- **LuMind ISD** (lumindidsc.org or 781-825-1300) accelerates research to increase availability of therapeutic, diagnostic, and medical care options and empowers families through education, connections, and support.
- **National Down Syndrome Society** (ndss.org or 800-221-4602) is the leading human rights organization for all individuals with Down syndrome.
- **National Down Syndrome Congress** (ndscenter.org or 800-232-6372) is the leading national resource of support and information for anyone touched by or seeking to learn about Down syndrome.

Special Olympics Michigan Unified Sports & Inclusion Center

In early 2021, DSAWM moved into the first-of-its-kind Special Olympics Michigan Unified Sports & Inclusion Center. The new center, located at 160 68th Street Southwest in Grand Rapids, is a 17-acre campus that features sports fields, expanded space for programming, administrative offices, and educational and wellness spaces. It is also home to a number of West Michigan disability service providers and organizations, making it a resource hub for people with intellectual and developmental disabilities and their families.

SOMI Unified Sports & Inclusion Center Partners

- **Autism Support of Kent County** (autismsupportofkentcounty.org or 616-752-8577) works to provide services that make it possible for individuals with autism to lead healthier and more productive lives.
- **Brody's Be Café** (brodysbecafe.com) is a coffee shop that employs individuals with intellectual and developmental delays along with other special needs.
- **Deaf and Hard of Hearing Services** (deafhhs.org or 616-828-0186 [video telephone]) provides equal communication access, education, and advocacy to the Deaf, DeafBlind, and Hard of Hearing in pursuit of all life's opportunities.
- **Disability Advocates of Kent County** (dakc.us or 616-949-1100) works alongside persons with disabilities as they seek to lead self-directed lives and advocates for accessible and welcoming communities.

- **Mental Health Foundation of West Michigan/be nice** (benice.org or 616-389-8601) equips individuals with knowledge to recognize, understand, accept, and take action when it comes to mental health.
- **MOKA** (moka.org or 800-644-2434) creates opportunities for independence and acceptance in our communities by supporting children and adults with developmental and intellectual disabilities in making choices, building relationships, sharing places, developing skills, enhancing reputations and contributing back.
- **Special Olympics Michigan** (somi.org or 989-774-3911) provides year-round sports training and athletic competition for children and adults with intellectual disabilities.
- **Thresholds** (threshnet.org or 616-455-0960) serves Kent County residents who have developmental disabilities in living as productively and independently as possible.

Disability Community Supports

Grand Rapids

Disability Advocates of Kent County dakc.us 616-949-1100 Grand Rapids	The Arc of Kent County arckent.org 616-459-3339 Grand Rapids
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Muskegon/Lakeshore

Disability Network Lakeshore dnlakeshore.org 616-396-5326 Holland	The Arc of Muskegon arcmuskegon.org 231-777-2066 Muskegon
Disability Network West Michigan disabilitynetworkwm.org 231-722-0088 Muskegon	

Kalamazoo/Southwest Michigan

Disability Network Southwest Michigan dnswm.org 269-345-1516 (Kalamazoo), 269-985-0111 (St. Joseph)	The Arc Community Advocates communityadvocates.org 269-342-9801 Kalamazoo
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South Central Michigan

<p>disAbility Connections disabilityconnect.org 517-782-6054 Jackson</p>	<p>Disability Network Capital Area dncap.org 517-999-2760 Lansing</p>
<p>Disability Network Mid-Michigan dnmm.org 989-835-4041 Midland</p>	<p>The Arc of Mid-Michigan arcmidmichigan.org Owosso</p>

Southeast Michigan

<p>Ann Arbor Center for Independent Living annarborcil.org 734-971-0277 Ann Arbor, Livingston, Monroe</p>	<p>The Arc of Detroit arc-detroit.org 313-831-0202 Detroit</p>
<p>Disability Network Wayne County dnwayne.org 313-923-1655 Detroit, Livonia</p>	<p>Washtenaw Association for Community Advocacy washtenawaca.org 734-662-1256 Ann Arbor</p>
<p>Disability Network Eastern Michigan dnemichigan.org 586-268-4160 (Troy), 810-987-9337 (Port Huron), 810-648-2555 (Sandusky)</p>	<p>The Mon-Arc of Monroe monarcofmonroe.org 734-241-5881 Monroe</p>
<p>Disability Network of the Thumb bwcil.org 810-987-9337 Port Huron</p>	<p>The Arc of Oakland County thearcoakland.org 248-16-19002 Troy</p>
<p>The Disability Network disnetwork.org 810-742-1800 Flint</p>	<p>The Arc of St. Clair County thearcscc.org 810-989-9144 Port Huron</p>

Northern Michigan

<p>Disability Network Northern Michigan disabilitynetwork.org 231-922-0903 Traverse City</p>	<p>The Arc of Manistee thearc.org/chapter/arc-manistee 231-723-6205 Manistee</p>
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The Arc of Central Michigan arcofcentralmi.org 989-773-8765 Mt. Pleasant	The Arc of Ogemaw County thearc.org/chapter/arc-ogemaw-county 989-329-0174 Lupton
The Arc of Midland thearcofmidland.org 989-631-4439 Midland	

Upper Peninsula

Disability Network of the Upper Peninsula upsail.org 906-228-5744 Marquette	The Arc of Gogebic County thearc.org/chapter/arc-gogebic-county 906-663-4461 Bessemer
S.P.E.A.K.S Education thearc.org/chapter/s-p-e-a-k-s-education-inc 906-259-0330 Sault Ste Marie	

For a complete list of all Arc organizations in the state, visit thearc.org/chapter/the-arc-michigan.

For more information and resources, visit our website at dsawm.org/resources.

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